



HIGHLAND  
HEALTH CARE CENTER

# THE CLASSICS

Choose from a range of delicious lunch options, available year-round.

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## DELI SANDWICH

Made with your choice of lunch meat on white or wheat bread.

## COTTAGE CHEESE AND FRUIT

A refreshing dish featuring seasonal fresh fruit.

## HAMBURGER

Served on a bun topped with crisp lettuce and tomato.

## PEANUT BUTTER & JELLY

Enjoy this duo on white or wheat bread. Includes your choice of jelly.

## CHEESE SANDWICH

A combination of American and Cheddar grilled to perfection on white or wheat bread.

## COLD CEREALS AND MILK

Choose from favorites like Cornflakes, Cheerios, and Honey Bunches of Oats.

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## CHOOSE A SIDE

Pick your pairing (one per meal):

Side Salad with French or Italian dressing

Mashed Potatoes

Jello

Applesauce

Chips

Yogurt

